

HW#4 Packet

Name _____

Due Date: _____

Class _____

Applying Scientific Methods

Two students carry out an investigation to determine the action of the enzyme pepsin on protein digestion in the human stomach. They know that gastric juice in the stomach contains water, pepsin, and hydrochloric acid. They decide to use small, equal-sized pieces of cooked egg white as the protein to be digested.

They set up four test tubes and place equal small amounts of egg white in each test tube. Then they fill each test tube with a different liquid to a height of 3 centimeters. To test tube 1, they add water; to test tube 2, they add hydrochloric acid (HCl diluted in water); to test tube 3, they add pepsin dissolved in water; and to test tube 4, they add pepsin solution and dilute hydrochloric acid. They place the four test tubes in an incubator set at 37°C (body temperature).

After one day, they observe the results. Then they return the test tubes to the incubator and observe them again the next day. The following table is the record of the results.

Test tube	1 day	2 days
1. egg + water	no change	no change
2. egg + hydrochloric acid	no change	no change
3. egg + pepsin solution	liquid slightly cloudy, egg pieces unchanged	liquid cloudy, egg pieces smaller
4. egg + pepsin solution + hydrochloric acid	liquid cloudy, egg pieces smaller	liquid very cloudy, almost no egg remains

1. Which test tube is the control? Explain its purpose.

2. What is the independent variable in the experiment? The dependent variable?

3. What is the hypothesis on which this experiment is based?

4. What did the results from test tube 2 tell about protein digestion in the stomach?



Scientific Method In Action

The Strange Case of BeriBeri

In 1887 a strange nerve disease attacked the people in the Dutch East Indies. The disease was beriberi. Symptoms of the disease included weakness and loss of appetite, victims often died of heart failure. Scientists thought the disease might be caused by bacteria. They injected chickens with bacteria from the blood of patients with beriberi. The injected chickens became sick. However, so did a group of chickens that were not injected with bacteria.

One of the scientists, Dr. Eijkman, noticed something. Before the experiment, all the chickens had eaten whole-grain rice, but during the experiment, the chickens were fed polished rice. Dr. Eijkman researched this interesting case and found that polished rice lacked thiamine, a vitamin necessary for good health.

- 1.) State the problem
- 2.) What was the hypothesis?
- 3.) How was the hypothesis tested?
- 4.) Should the hypothesis be supported or rejected based on the experiment?
- 5.) What should be the new hypothesis?
- 6.) How would you test the new hypothesis?

HSA Practice Review

1.) A **polymer** most closely resembles...

- a.) a circle
- b.) a link in a chain
- c.) a chain
- d.) an intersection

2.) Which of the following is **NOT** true of lipids?

- a.) They are commonly called fats and oils.
- b.) They are hydrophobic.
- c.) They are good for energy storage.
- d.) They are polar.

3.) Which of the following is true of enzymes?

- a.) They act on nonspecific, randomly chosen substrates.
- b.) After a reaction, they cannot be reused.
- c.) They can speed up metabolic processes in the body.
- d.) They cannot change shape.

4.) Different organisms store **glucose** in various forms. You discover a new species, and upon chemical analysis find that it is comprised of significant amounts of **glycogen**. To which of the following organisms is the new species probably closely related?

- a.) fern
- b.) potato
- c.) dog
- d.) sea horse

5.) Nucleotides are to nucleic acids as *amino acids* are to

- a.) DNA
- b.) polypeptides
- c.) proteins
- d.) carbohydrates

FLIP OVER →

6.) Which of the following is a mineral?

- a.) pepsin
- b.) potassium
- c.) phosphate
- d.) ATP

7.) How are organic molecules bound?

- a.) ionic bonds
- b.) covalent bonds
- c.) polar ionic bonds
- d.) hydrogen bonds

8.) What are enzymes?

- a.) catalysts used by living things.
- b.) catalysts used in all reactions.
- c.) chemicals used to increase activation energy.
- d.) fats used by living things to help speed up chemical reaction.

9.) As red blood cells pick up CO_2 from tissues to be moved to the lungs, the CO_2 reacts with water to form carbonic acid. Carbonic acid is transported to the lungs where it is converted back to CO_2 and H_2O , and the CO_2 can then be exhaled. Carbonic anhydrase increases the rate of production of carbonic acid from only 200 molecules of carbonic acid being formed per hour to 600,000 molecules of carbonic acid being formed per hour. This increase in reaction rate is necessary for the process to be biologically useful. Carbonic anhydrase is not changed in the reaction.

Carbonic anhydrase is a(n)

- a.) pigment
- b.) substrate
- c.) enzyme
- d.) reactant

10.) Which of the following is true of enzymes?

- a.) They function at any temperature and pH.
- b.) They function at an optimum temperature and pH.
- c.) They increase the activation energy of a chemical reaction.
- d.) They aid in the formation of ATP.

Discover Magazine—A Storm Inside

by Tony Dajer

The mother's gaze was as piercing as a hawk's. "My daughter has never been like this," she told me evenly. "This is not her." I glanced at the nurse's triage note: "Rita Suarez, 26-year-old, insulin-dependent diabetic, confused since this morning." Forewarned, I turned to the thin, pale woman on the stretcher who squirmed like an overtired child. "I feel so bad," she mumbled. "Ms. Suarez," I asked, "does anything hurt you? Your head? Chest?" My patient moaned and curled into a ball. Was she just being difficult? Sometimes patients treat questions as impositions, their attitude being, "You're the doctor. You figure it out."

The mother must have sensed my skepticism: "She woke up like this." "Was she ok last night?" I inquired neutrally. "Fine," the mother replied. "No fevers, no headache, sugars were fine. Her normal self." Ms. Suarez had been an insulin-dependent diabetic since childhood. She still lived with her mother, who by all indications took very good care of her.

My initial guess—hope, really—was that she was suffering from low blood sugar. But the nurses beat me to it: Her finger-stick glucose was normal. Still, I told myself, this must be a complication of the diabetes. Maybe her brain was reeling from too many sugar highs and lows. "Has her sugar varied much lately?" I asked. "Any episodes of coma or confusion this past week?" Mom thought for a moment. "One time, years ago, she fell into a hypoglycemic coma, but nothing since. Her glucose has been steady." "Please forgive my asking: Any drugs? Any chance of alcohol?" The mother answered, evenly again, "I understand. No."

Trying to be gentle, I pulled back the sheet and took a stab at listening to Ms. Suarez's lungs and heart; she did her best to avoid me. Awkwardly I held her head and bent it toward her chest to check for neck stiffness. This can be a sign of meningitis, an often lethal infection of the lining of the brain and spinal cord that can cause mental confusion. "Leave me alone," she muttered, pushing away.

My malingering radar lit up. If you're coherent enough to say you feel bad, then you should be able to cooperate with a physical exam. Was she giving me the runaround? The mother caught my skeptical look. The hawk eyes came back. "Something's wrong," she intoned.

Searching for Answers

With no clues from the physical exam, the patient's history could be summed up in one word, *confusion*. If her brain was malfunctioning, she needed an immediate CAT scan of the head to rule out a life-threatening brain bleed and a spinal tap to test for meningitis. With a small dose of sedative, she held still for the CAT scan. Normal. But she bucked and twisted too much for the spinal needle. Worried now (woe betide the ER doc who delays treating meningitis—every hour's delay in giving antibiotics increases mortality), I called Dr. Resor, the neurologist on duty, who arrived 10 minutes later to examine the patient herself. "Very puzzling," she said. Dr. Resor was able to get the tap, but it was normal: The cerebrospinal fluid showed no evidence of infection. We exchanged baffled looks.

I went back to the mother empty-handed, and as if on cue, her daughter moaned again, "I feel so bad. So bad." Ms. Suarez's mother read my worried look and compressed her lips. Suddenly I had no doubt: Something was very wrong, something we were still missing. There had to be a doctor in the hospital who could figure this out. "We'll move her to the intensive care unit and run more tests," I explained. "They'll watch her very carefully."

The ICU resident, Dr. Martinez, was an old acquaintance, so I got right to the point. "Twenty-six-year-old. Type 1 diabetic. Altered mental status since this morning. Workup normal so far. I have no idea what's wrong with her." Dr. Martinez smiled. "Let's take a look." After a brief exam, she turned to me. "Except for the heart rate's being up, she doesn't look too bad. I don't think she needs to go to the ICU." I waited a beat, then tried to channel the mother's raptor look. "She's sick. She needs to be in the unit," I said slowly. "The whole case needs rethinking."

A few hours later I walked by the ICU to check on Ms. Suarez. Her mother sat in a far corner of the room. Monitors beeped. The heart tracing sped across the screen, clocking 120 beats per minute. Dr. Martinez glided over. "Her heart rate won't go down," she said, worried. At that moment, the intern came charging in. "Her thyroid levels are way high," he panted. Resisting the urge to slap my forehead, I shuffled over to the mother. "I think we have an answer." Dr. Martinez had the same flash of understanding. "This is what we call thyroid storm," she said. "We have work to do."

A Life-Threatening Condition

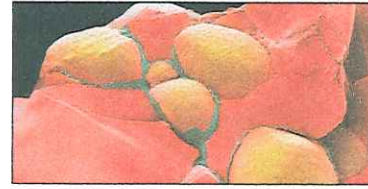
The thyroid gland is the body's gas pedal. Get too much of its hormone, a condition known as hyperthyroidism, and your metabolism revs up: You burn body mass, shake uncontrollably, and cannot tolerate heat. If the gland produces too little, all systems grind into low gear: You pack on the pounds, can barely get out of bed, and feel perpetually chilled. Straddling the windpipe below the Adam's apple, the gland got its name from the Greek word for "shield-shaped." The thyroid is prey to myriad attacks, from autoimmune antibodies that can destroy it or stimulate it and from bacteria and viruses that can infect it. Thyroid disease is so common, and its symptoms so protean, that in Bellevue Hospital 20 years ago, we checked thyroid levels on all admitted patients.

Simpler, cheaper procedures have moved thyroid testing out of the hospital and into the doctor's office, but thyroid disease still afflicts millions of Americans—many for months before they are accurately diagnosed. Garden-variety hyperthyroidism causes symptoms that are unpleasant but hardly lethal: tremors, a fast heartbeat, weight loss, heat intolerance, and vomiting. Thyroid storm, usually marked by all the signs of high thyroid plus confusion or delirium, is a different and very rare beast. Hyperthyroidism affects about 1 percent of the population, and only 1 percent of those ever suffer thyroid storm. During 25 years of practice, I'd seen only one prior case, and that patient not only had a history of hyperthyroidism but came in with a high fever and high blood pressure—symptoms Ms. Suarez didn't show. Left untreated, thyroid storm precipitates convulsions and heart failure. It is deadly in 20 to 30 percent of cases and so requires aggressive, immediate control.

To treat Ms. Suarez, the ICU team set to work on every organ and cell that stores, releases, or is acted upon by the thyroid hormone. They administered beta-blockers to dampen the hormone's effect on the heart, drugs called thionamides that block hormone synthesis at the gland, and steroids to block conversion of one type of thyroid hormone, T4, into the more potent T3. It was like stopping a runaway stagecoach at once by reining in the horses, braking the wheels, and padding the trail with straw. With intensive monitoring and medication adjustments, the ICU team safely slowed Ms. Suarez's system down. Four days later she was back to herself.

Oddly, thyroid storm is not just a function of too much of the hormone. Usually some other stressor—like infection, surgery, or childbirth—tips someone over, but none of these applied to Ms. Suarez. Even more puzzling, she had never had thyroid problems before. Batteries of tests failed to uncover a trigger for her thyroid storm, but there was good news. Ms. Suarez could avoid future episodes by having the gland removed surgically and replacing the hormone with a once-a-day pill. Relieved at the outcome, I tried to convince (and console) myself that good clinical judgment doesn't mean always knowing the answer; sometimes, it just means knowing when to call for help. **Actually, there's a simpler lesson: When mother hawks cry, listen.**

Science Journal Article Questions
Discover Magazine—A Storm Inside
by Tony Dajer



Thyroid gland magnified 49x, produces a hormone that regulates the body's metabolism.

- 1.) When was Ms. Suarez diagnosed as an insulin dependent diabetic?
- 2.) Define *meningitis*. Name a physical body sign that can indicate possible meningitis.
- 3.) Explain how the name "thyroid gland" developed from the Greek origin?
- 4.) Define "thyroid storm". What percentage of the population suffers from thyroid storm. What happens if left untreated?
- 5.) How is "thyroid storm" treated?